

## Questions to ask to verify your Nutrition Benefits

- Do I have benefits for nutritional counseling (CPT codes 97802 & 97803)?
- Do I have any nutrition counseling benefits covered under the preventative care portion of my plan? (ICD-10 Code Z71.3)
- Is a doctor's referral required?
- Is a pre-authorization required?
- Is there a limit on number of visits allowed?
- Are telehealth/virtual visits covered?
- Do I have a deductible to meet before insurance pays?
- Do I have a co-pay?

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*Insurance is stupid and we are sorry. We wish we could wave a magic wand and everyone could have access to great healthcare, no matter what. Until that beautiful day, we can provide a superbill for you to submit to insurance for possible reimbursement if we are not in-network with your insurance.*